

cwtsh menu

Where possible Blas uses fresh, locally sourced produce.
Dishes are subject to the availability of sourcing and may be supplemented with alternative ingredients.

something Light or to start

Sourdough, Welsh Salted Butter	£3
Goat's Cheese, Beetroot, Walnut	£6
Lamb Cawl, Sourdough, Caerffili Cheese	£8
Fishcake, Fennel Salad, Red Onion	£7
Chicken Parfait, Onion, Brioche	£7
Smoked Eel, Parsley Soup, Horseradish, Onion	£9
Curried Crab, Chicken, Coriander	£14

sides

Miso Sautéed Potatoes	£5
Creamed Mash Potato	£4
Red Cabbage	£4
Dressed Herb Salad	£4

Try our
Favourites
- highlighted
in bold

Please advise us of any
dietary requirements or allergies.

mains

Venison, Carrot, Pear, Black Pudding	£24
Lamb Shoulder, Red Cabbage, Mash	£18
Solva Crab Linguine, Lemon	£18
Confit Duck Leg, Satay, Lime, Bitter Leaf	£15
Olive Oil Cod, Blushed Tomato, Capers, Brown Shrimp	£16
Risotto, Squash, Sage, Seeds	£14

Three courses £35 *With complimentary glass of selected wine*

Available between 12 midday and 4pm

desserts

Chocolate Crèmeux, Cornflake, Spiced Caramel	£9
Warm Rice Pudding, Clotted Cream, Pineapple Ice Cream	£8
Cheesecake, White Chocolate, Hazelnut	£10
Lemon, Meringue, Sorrel, Raspberry	£8
Selection of Welsh Cheeses	£11

